

TALKING HEADS ACTIVITY

AND MENTAL HEALTH
PRESENTATION

The Talking Heads and mental health presentation is a hands-on activity demonstrating the importance of understanding what mental health is and how it is viewed in society. A United Way facilitator will take you through what mental health looks like in Canada and the role society plays in supporting individuals struggling with mental illnesses and challenges.

Date:

Time:

Location:

How to register:

Deadline to register:

For more information please contact:

REGISTER TODAY!

**Tackle the stigma of mental health
that exists in our everyday lives.**



United Way
Calgary and Area